

MABVUKU BNB¹ – OCTOBER 2019
(ECOCASH BASED)

A. Essential Food Items:				
ITEM	Preferred brand	Unit available	Quantity	\$ZWL AVERAGE
Mealie Meal (breakfast)	Red Seal (Roller meal)	20kg	2	291.80
Cooking oil	D'lite	2Ltrs	2	117.98
Beef	CSC/ Economy/ mixed	1kg	5	360.00
Chicken	Mixed portions	2kg	1	99.99
Beans	Sugar beans	500g	4	93.60
Fish	fresh	1kg	4	170.00
Dried Fish (Matemba)	Kapenta	1kg	1	104.40
Salt	Pro-brands	2kg	1	16.50
Bread	Bakers Inn	1loaf	30	462.00
Drink	Mazoe orange crush	2 litres	2	83.12
Rice	Red seal / Mariana	2 kg	2	77.98
Eggs	Standard	1 crates	2	135.00
Sugar	Hullet (brown) sugar	2kg	2	64.58
Tea (leaves)	Stella	250g	4	43.96
Milk	Steri	500ml	12	136.80
Margarine	Buttercup	2kg	1	99.96
Onions	onions	1kg	10	100.00
Tomatoes	tomatoes	1kg	10	149.90
Vegetables (greens)	rape	1kg	22.5	87.75
Sub-total				2 695.00
B. Essential Non-food items				
Washing soap	Green bar	1kg	5	104.25
Bathing soap	Geisha tablets	250g	5	77.45
Washing Powder	Omo	2kg	1	179.00
Toothpaste	Colgate	100ml	2	29.98
Sanitary pads	Farai	1 pack	3	32.97
Toilet paper	Softex	4 rolls	4	77.40
Candles	candles	pack of 6	1	17.99
Matches	Lion	carton	1	8.99

¹ The BNB calculations are based on the price tracking undertaken on the 28TH of OCTOBER, 2019 at Chimunhu shopping centre (CHOPPIES) in Mabvuku

Jelly	Vaseline	250ml	2	99.90
Sub-total				627.93
C. Rates and other essential services				
Water & Sanitation (medium cost - fixed)	Water	fixed		16.00
	Average usage/month	m3		34.00
	Sanitation (Sewage)	fixed		6.50
Monthly rent (4 roomed house)	Basic accommodation	per room		360.00
Electricity	Average usage/month			272.00
Sub-total				688.50
Total for Basic Needs Basket for Mabvuku				ZWL \$4 011.43
Other Costs				
Telephone/Communication		\$/month	-	-